

Release and General Waiver

The undersigned (hereinafter "participant") acknowledges and agrees that the risk of injury from activities engaged in at the facilities known as The Summit at Capital Centre and/or Aim High Sports are significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist. The PARTICIPANT KNOWINGLY AND FREELY ASSUMES ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF The Summit at Capital Centre and/or the Aim High Sports facility. The participant assumes full responsibility for the participation by the participant in any and all such activities. The participant willingly agrees to comply with the stated and customary terms and conditions for participation in any and all such activities engaged in at The Summit at Capital Centre and/or the Aim High Sports Facility. If, however, the participant observes any unusual significant hazard during his/her presence or participation, the participant will remove himself or herself from the participation and bring such hazard to the attention of an authorized representative of The Summit at Capital Centre and/or Aim High Sports. Further, the participant, for himself or herself, and his or her heirs, assigns, personal representatives, and next of kin, hereby releases, indemnifies and holds harmless Capital Centre Operating, L.L.C., The Summit at Capital Centre or Aim High Sports in located ("Releasees"), From all claims with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the Releasees or others involving activities at The Summit at Capital Centre and/or Aim High Sports.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Signature

Date

Age

THE SUMMIT

9410 Davis Hwy
Dimondale, MI 48821
Phone: 517-319-1000
Fax: 517-319-1004
www.capitalcentre.com

THE SUMMIT

9410 Davis Highway
Dimondale, MI 48821

PRSR STD
U.S. Postage
PAID
Lansing, MI
Permit# 495

THE SUMMIT

S.S.H.L.

**Senior Hockey
League**

**18+ Advanced Division
18+ Novice Division
30+/40+/50+ Division**

**Summer
2009**



9410 Davis Highway
Dimondale, MI 48821
Phone: 517-319-1000
Fax: 517-319-1004
www.capitalcentre.com

Division Info

30+/40+/50+ Division

****Individual Registration Only****

Game Day: Sunday

Season Length: 8 Games + playoffs

First/Last Game at: 7PM/9:30PM

Cost Per Player: \$125.00

Cost Per Goalie: \$60.00

18+ Advanced "A" Division

18+ Novice "B" Division

Advanced Game Day: Mon/Tues/Wed

Novice/ inter. Game Day: Mon/Tues/Wed

Season Length: 8 Games + playoffs

First/Last Game at: 8PM/10:20PM

Cost Per Player: \$125.00

Cost Per Goalie: \$60.00

All teams that register will be charged a per player registration fee.

Schedule

Tentative starts dates are as follows:

<u>Division</u>	<u>Start Date</u>
18+ Novice "B"	June 8, 2009
18+ Advanced "A"	June 8, 2009
30/40/50+	June 14, 2009

8 games + Playoffs are scheduled for all divisions with the Summer Season starting June 8, 2009 and ending on August 16,2009.

Play in a 2nd League and take \$50 off

*** The SSHL: Building a Senior Hockey***

****Tradition of Excellence****

Email any questions to Scott Shedd:

sshedd@capitalcentre.com

or call 517-319-1000 x103

League Info

Fees

Fees are the same for all divisions of the Summer Senior Hockey League at The Summit. The \$35.00 USA Hockey Fee* is not included for those not registered.

All Divisions:

\$125.00 per player \$60.00 per goalie

*USA Hockey Player Registration is required. If you are not registered with USA Hockey, you must register On Line at usahockey.com before your 1st game. Bring in a copy of your receipt for local programming.

Age Restrictions

The league is open to all players age 18 and over prior to June 8, 2009. **New players must show or include a photocopy of their driver's license indicating their age.**

Equipment

Each player, including goaltenders, must provide his/her own equipment. Players who elect to use less than full equipment do so at their own risk. USA Hockey certified helmets are required. Facemasks are highly recommended. The Summit SSHL will provide jerseys with colors being assigned to teams.

Playing Rules

USA Hockey playing rules and The Summit Senior Hockey League SSHL Rules apply to all games. Copies of the League Rules will be distributed to all players before the first game. There is no body checking. Slapshots are permitted. The periods are sixteen-minutes running time with the last two minutes of the game stop time if the score is within two goals.

Team Assignments

Players are assigned to teams by the League Director, with the objective of having all teams be about equal strength. Each team will have eleven skaters and one goaltender. Substitute payers are not allowed. Substitute goaltenders must be other SSHL league goaltenders. **Only the 18 + Advanced and Novice/ int. Divisions will allow full teams to register.** The 30+/40+/50+ Division will be Individual Registration Only. Teams will be created by the rating system according to the level of experience. 1=Best

Registration

Select Division (circle one)

18+ (Adv.) 18+ (Nov./ int.) (30+/40+/50+) comb.

Name _____

Team Contact _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Age _____ Birthdate _____ / _____ / _____

E-Mail Address: _____

Position(s): Forward _____ Defense _____ Goalie _____

Years Experience: (1yr) _____ (5yrs) _____ (10yrs) _____ (20yrs) _____

Highest Level Played _____

Self Rating (1=best) 1 2 3 4 5

Payment Information

Registration Amount Due \$ _____

Cash Check # _____

VISA / MC / DISCOVER

CARD # _____

Expiration Date _____ / _____

Teammate requests (you plus 3 other max)

1. _____
2. _____
3. _____

Submit Completed Registrations to:

THE SUMMIT

**9410 Davis Hwy.
Dimondale, MI 48821
517-319-1000 Phone
517-319-1004 FAX**